

विजया बैंक VIJAYA BANK प्र.का.-बेंगलूर HO - BANGALORE	
CIRCULAR LETTER NO.	16100
DATE	13.04.2016
DEPARTMENT	PERSONNEL DEPARTMENT (PA&PD)
SUBJECT	ANNUAL HEALTH CHECK UP FACILITY
SUMMARY	EXTENSION OF ANNUAL HEALTH CHECK UP FACILITY TO (1) STAFF MEMBERS BELOW THE AGE OF 30 (2) RETIRED EMPLOYEES (3) SPOUSES OF SERVING EMPLOYEES ON COST BEARING BASIS
EARLIER REFERENCE	HOC 14104 & HOC 14105 DATED 29.03.2014

We are pleased to inform that the competent authority has accorded approval for extension of the facility of annual health check up at subsidized rates in tie up hospitals/diagnostic centers to (1) staff members below the age of 30, (2) retired employees and their spouses and (3) spouses of serving employees at the rates applicable to serving staff members **on cost bearing basis**.

Accordingly, the annual health check up package of **Rs.2000/-** under tie up **as per Annexure I** will be extended to (1) staff members below the age of 30 (2) retired officers/award staff employees and their spouses (3) spouses of serving employees upto Scale III and likewise the package of **Rs.2500/- as per Annexure II** will be extended to retired Executives/spouse subject to the following:

1. No authorization letter from the Bank will be given in respect of retired employees and spouses/spouses of serving employees upto Scale III/staff members below the age of 30.
2. The payment of Rs.2000/-/Rs.2500/- as the case be, with respect to the annual health check up package has to be borne by the retired employee/spouse of serving employees upto Scale III /staff member below the age of 30. In no case, will the Bank be reimbursing the amount to the tie up diagnostic center/hospital.
3. Retired employees/staff members below the age of 30 may avail the facility by producing the Vijaya Bank ID Card. The spouses of serving/retired employees may avail the facility by producing the employees' ID card.

The list of tie up hospitals who have given their consent for the above is enclosed as **Annexure-III**. All other terms and conditions mentioned in HOC 14104 and HOC 14105 remain unchanged.

As the above measure is extended to (1) staff members below the age of 30, (2) retired employees and their spouses and (3) spouses of serving employees as a gesture of goodwill, Regional Managers are hereby requested to identify reputed hospitals/diagnostic centers in the local areas and enter into tie-up arrangement/MOU with them as per the above mentioned package for the tests as indicated in Annexure I and II. ROs are also requested to pursue the matter and ensure that all the existing tie





up hospitals/diagnostic centers are agreeable to extend the annual health check up facility to the above on cost bearing basis.

All branches/offices are advised to bring the contents of the circular letter to notice of all the staff members. A copy of the circular letter may be displayed in the notice board for the benefit all serving/retired staff members.

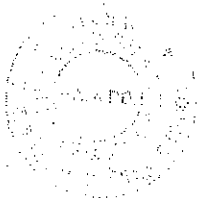
(G.VASUDEVAN)
DEPUTY GENERAL MANAGER



ANNEXURE - I

THE DETAILS OF EXISTING & PROPOSED HEALTH CHECK-UP PATHOLOGICAL TESTS/INVESTIGATION

FOR EMPLOYEES OF VIJAYA BANK	
The Existing Health Check-Up Pathological Tests/Investigation	
Sl.No.	Pathological tests / investigation
01	Complete blood count (CBC) HB,TC,DC,RBC,PCV,MVH,MCH,MCHC,Platelet Count Etc.,
02	ESR
03	Fasting Blood Sugar
04	Post Prondial Blood Sugar
05	Lipid profile (Cardiac Profile)
a	Total cholesterol
b	Triglycerides
c	HDL Cholesterol
d	LDL Cholesterol
e	VLDL Cholesterol
f	Cholesterol Ratio
06	Liver Function Test (LFT)
a	Total & Direct Biliburibin
b	Total protein
c	Albumin
d	Globulin
e	Albumin/Globulin Ratio
f	SGOT
g	SGPT
h	Alkaline Phosphates
07	Blood Urea Nitrogen (Kidney function test)
08	Serum Creatinine (Kidney function test)
09	Urine Routine
10	Stool Routine
11	Chest X-Ray
12	ECG
13	Lung Function Test
14	Tread Mill Test (TMT)/ 2D ECHO
15	Ultrasound (Abdomen & Pelvis) (Optional)
16	Consultation with Physician
PROPOSED NEW HEALTH CHECK-UP PATHOLOGICAL TESTS/INVESTIGATION	
1	Spondolytise test (Cervical Spine AP+LAT views)
2	Thyroid profile
3	Uric Acid
4	Ultra Sonography of breasts (for Females)
5	PSA – Prostrate Specific Antigen (for Males)
6	Pap Smear for ladies
7	Eye check up



**HEALTH CHECK-UP PATHOLOGICAL TESTS/INVESTIGATION TO BE
CONDUCTED**

FOR EXECUTIVE COUPLES OF VIJAYA BANK

1. Fasting Blood Sugar	16. Creatinine
2. Post Prandial Blood Sugar	17. Globulin
3. GGT/SGPT/SGOT	18. Urine Routine
4. Total Cholesterol	19. Stool Routine
5. HDL/VLDL/LDL/Cholesterol	20. Chest X-ray
6. Triglycerides	21. ECG
7. Blood Urea Nitrogen	22. Pap Smear for Ladies
8. Uric Acid	23. Computerised Stress Test OR Echo Cardiogram
9. Albumin	24. Pulmonary Function Test
10. Bilirubin	25. Ultra Sound Scan of Abdomen
11. VDRL	26. Consultation with Physician
12. Complete Hamogram (HB, TC,DC,ESR,RBC,Platelet Count, PCV, MCV, MCH, MCHC & Peripheral Smear)	27. Consultation with ENT Specialist
13. Blood Grouping & Rh Typing	28. Consultation with Ophthalmologist
14. Total Protein	29. Two additional consultations if recommended by the doctor
15. Alkaline Phosphatase	30. Breakfast
	31. Free Dental check-up
PROPOSED NEW HEALTH CHECK-UP PATHOLOGICAL TESTS/INVESTIGATION	
1.	Spondylolytise test (Cervical Spine AP+LAT views)
2.	TSH
3.	Uric Acid
4.	X-ray of breasts (for Females)
5.	PSA – Prostrate Specific Antigen (for Males)
6.	HBA1C-glycosalated HB

LIST OF HOSPITALS/DIAGNOSTIC CENTERS UNDER TIE UP FOR ANNUAL HEALTH CHECK UP FACILITY

Sl.No	Name of Diagnostic Centre/Hospital	Address	Contact at the tie up hosp/diag centre	Region
1.	HCG Hospitals	Mithakhali Ellisbridge Ahmedabad	Ms Hitakshi Pandya Tel:079-40010101	Ahmedabad
2.	Scientific Diagnostic Centre	Scientific House , opp. White house Panchwati, Ahmedabad-380006	079-26449079/26449164 Contact Person : Mr. Dipak Shah M-9824603425	Ahmedabad
3.	N M Medicals	Corporate Block-A, Airport Road, Bangalore 560008	080-40644646	Bangalore
4.	Sagar Hospitals	1. Tilak Nagar, Jayanagar Extn, Nammerghatta Road Bangalore 2. Shavige Malleshwara Hiils, Kumaraswamy Layout, Banashankari, Bangalore	1). 080-42888888 2). 080-42999999	Bangalore
5.	Apollo Hospitals	1. Opp. I.I.M, Bannerghatta Road, Bangalore 2. 14 th Cross, 3 rd Block, Jayanagar, Bangalore	1) 080-26304050 2) 080-30804444	Bangalore
6.	FORTIS MEDCENTRE	FMC-SCO-11SECTOR 11-D CHANDIGARH	MR TARUN: 08288019555	Chandigarh
7.	Aarthi scans	60, 100 feet Road Vadapalani Chennai 600 026	Mr. Jainal 9940022449/ 044-24722420	Chennai
8.	Anderson	150, Poonalee High Road Purasawalkam Chennai 600 084	Mr. Parthiban 8939916599	Chennai
9.	Global Hospitals	439, Cheran Nagar Sholinganallur Chennai 600 100	Mr V Bhaskar Reddy	Chennai
10.	Miot Hospital	4/112, Mt. Poonamallee Road, Manapakkam Chennai 600 089	Mr Saravanan 9841029007	Chennai
11.	Narayana Hrudayalaya Limited	Sec – 28, Kumbha Marg, Pratap Nagar, Jaipur 302033	Neeraj Kumar Purohit (AM), Accounts Dep. – 8696934564 , 0141 - 7122222	Jaipur
12.	Promila Diagnostic Centre	Shanti Complex, Near Kukrail Pul, Faizabad Road ,Lucknow-226016	Mr. P. K Shukla	Lucknow